explore BUFFALO CITY

Visit the beautiful Buffalo City and experience a warm and friendly welcome from its diverse and unique people. Be amazed by spectacular natural landscapes and take advantage of the splendid adventure activities.

INKWENKWEZI PRIVATE GAME RESERVE WILDLIFE SAFARI | NATURE

Big five private game reserve with an emphasis on luxury and thoughtful detail. Five different regional eco-systems (biomes) and a tidal estuary. The rich diversity of landscapes offers unparallelled wildlife viewing experience. Safari Game Drives, Elephant Educational, Elephant Walk, Canoeing, Hiking and Quad

043 734 3234 | www.inkwenkwezi.com | www.youtube.com/watch?v=8zX06P6ss0E

AREENA RIVERSIDE RESORT WILDLIFE SAFARI | ADRENALIN | WATER | FAMILY Camping or luxury chalets. Fish from the campsite on the banks of the Kwelera River or at bass dams. Canoes or sea kayaks for hire - 5km paddle to the beach. Trips to the river mouth on a double-decker river cruiser. Playground, trampolines, swimming pool, tennis court, volleyball area table tennis and pool tables. Game drive, guad bike or horse riding through the 350ha, malaria-free game reserve. Team Building and Adventure Village. Family restaurant and pub.

043 734 3055 | www.areenaresort.com

WHALE WATCHING AND OCEAN CRUISES MARINE SAFARI | WATER | FAMILY Southern Cross Cruises have been granted East London's first - and only - boat-based whale watching

permit. Take a front row seat on the excursion of a lifetime. There are various packages available - discuss directly with the operators. Bookings essential. Boat trips are weather permitting.

082 938 6275 (John or Kathinka) | www.facebook.com/southerncrosscruisesandboating

EAST LONDON MUSEUM CULTURE | HISTORY | FAMILY

Natural and cultural history museum, established in 1921. Exhibits include large fossil reptile skull and skeleton - Kannemeyria simocephalus; discovery of the coelacanth in 1938 - believed to have become extinct some 80 million years ago; display of area's maritime history; trace human and animal fossil footprints found in coastal sandstone rock face (124 000 years); Hofmeyr skull (36 000 years); extensive collection of amaXhosa beadwork.

043 743 0686 | derekh@elmuseum.za.org | www.elmuseum.za.org

CRAFT BREWERY EXPERIENCE - EMERALDVALE DAY TRIP | OTHER

True Wild Coast hospitality family business popular with locals and visitors for its incredible ales and speciality beers. Brew tour of the workings of the microbrewery and how the beer finds its way from the keg to the glass.

043 738 5397 | 073 078 9688 | www.emeraldvale.co.za









DRIFTERS RACEWAY THEME PARK ADRENALIN | FAMILY

Outdoor adventure and amusement venue with modern gaming and entertainment centre - where culture and adventure collide in an urban environment, catering for both local and International communities. Activities include go-karting, paintball, volleyball, quad-bikes, and abseiling. info@driftersraceway.co.za | 043 727 5060 | www.facebook.com/DriftersRacewayThemePark

SURFING WATER | SPORT

Wide choice of beach and river mouth surf breaks around East London. Excellent reef break at Nahoon for the more experienced surfer and a gentler sand break off Nahoon Corner - suitable for everyone great place to learn to surf. Sugar Shack Surf Backpackers on Eastern Beach. 043 722 8240 | sugarsk@iafrica.com

THE VENOM PIT AT PYTHON PARK FAMILY | OTHER

Outdoor, family-friendly reptile park. Watch and learn as experts handle venomous snakes and reptiles. Trained staff give tours around the park. Great party venue for children, with interactive touch farm. The Venom Pit offers training and call-outs to remove venomous or unwanted snakes in gardens, homes or places of work.

083 285 0534 (Shaun Bouchier or Juan Marillier) | www.facebook.com/TheVenomPit

MPONGO PARK WILDLIFE SAFARI | NATURE

3 500ha of conservation land 35km from East London - offers unique blend of luxury and wildlife experiences. With its rolling hills, river valleys and luscious surroundings, Mpongo is home to elephants, lions, buffalos, giraffes, numerous antelope and bird species.

043 742 9000/2/4 | info@mpongo.com

www.premierhotels.co.za/hotels/eastern-cape/east-london/mpongo-private-game-reserve

FOOTPRINTS NATURE | CULTURE | HISTORY

In the beautiful Nahoon Point Reserve - designed in the shape of a footprint. Locally known as 'Footprints', this is the site at which human and animal trace fossil tracks were discovered in 1964. The sandstone at this site has been dated to 124 000 years, making the human fossil track the world's oldest archaic human fossil footprints on the planet. An explanation of how they were formed can be viewed at the display in MBSA Coastal Education & Visitors Centre.

www.facebook.com/Nahoon-Point-Nature-Reserve-1494090280896836

explore NELSON MANDELA BAY

Nelson Mandela Bay boasts magnificent golden beaches along the warm water of the Indian Ocean. The city offers a broad range of attractions, including, history, eco tourism, beaches, entertainment, shopping, business, wildlife and more. Experience the splendour, beauty, spirit, freedom, wildlife, culture and friendliness.



MARINE | WILDLIFE | ADRENALIN | NATURE | CULTURE | HISTORY | FOOD | NIGHTLIFE | FAMILY Experience a whole lot more for less! The Nelson Mandela Bay Pass, a smartcard access card, provides you with free admission to a variety of attractions and activities in Nelson Mandela Bay. 041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtu.be/fk4PhcvcEqY

- **SAVOUR GOURMET PLEASURES FOOD**
 - Try-out at a few of the premier dining-out districts such as Richmond Hill. Many stylish restaurants and trendy coffee shops, delis and speciality wine shops.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtu.be/fk4PhcvcEqY

BEACH & COASTAL ENCOUNTERS WATER | FAMILY Port Elizabeth's pristine beaches are legendary - three of these beaches boast full Blue Flag status.

Wide expanses of golden sands and warm water - ideal for safe sheltered swimming, other water sport and beach leisure activities.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za www.youtu.be/IX1AWtOKPtc | www.youtu.be/SJGnvnEwN44

- **AUTHENTIC SOCIAL & CULTURAL TOWNSHIP TOURS CULTURAL** Authentic, interactive tour through the local communities of Nelson Mandela Bay.
- 041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtu.be/IX1AWtOKPtc
- **ECO MARINE SAFARIS / SARDINE RUN MARINE SAFARI** Boat charter to view endangered African penguin population in their natural habitat, Cape Gannets, 4 different dolphin species - the largest Bottlenose Dolphin populations in the world, 4 whale species and various other marine species and birds. Opportunity to experience the world renowned Sardine Run marine spectacle.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtu.be/PWQp94wwrT0

MICRO-BREWERY EXPERIENCE FOOD & DRINK Experience a micro-brewery tour and visit some trending micro-breweries - each with their own carefully crafted recipes, natural ingredients and uniquely flavoured profiles. The range of craft beers and artisanal ciders offers a variety of taste profiles.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtube.com/watch?v=tuNohE55uU4









ROUTE 67 CULTURE | FAMILY

Uniting Arts, Culture & Heritage, the route portrays 67 Public Art Works symbolising Nelson Mandela's 67 years of work dedicated to the Freedom of South Africa and includes 67 steps leading up to the second largest flag in Africa.

O41 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtube.com/watch?v=MNxmxAF9M7s

- **FUN FAMILY ESCAPADES FAMILY**
- Speciality activities include guided Segway beachfront tours, indoor climbing at Valley Crag Indoor Climbing Centre, recreational trampoline activities at Gravity Indoor Trampoline Park, indoor go-carting at Algoa Grand Prix and VW Auto Pavilion automotive tour, amongst others.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za

SCENIC EXCURSIONS OTHER Venture out and explore picturesque coastal riches, hidden gems, exquisite lush countryside with country restaurants and quaint tea gardens. Enjoyable alternative options include a gourmet picnic or a wine and tasting at a small vineyard.

041 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za

BIG 5 SAFARIS WILDLIFE SAFARI | NATURE

The nature reserves within, and around Nelson Mandela Bay offer a wonderful range of great outdoor options: Settler's Park, Van Staden's Wild Flower Reserve, The Cape Recife Nature Reserve, Maitlands Nature Reserve, The Island Nature Reserve, Baviaanskloof Wilderness Area and Groendal Wilderness Area. Also many private game lodges - accommodation ranging from cost effective to luxurious 5-star. O41 582 2572 | dlouw@nmbt.co.za | www.nmbt.co.za | www.youtube.com/watch?v=TRkfQuaVq7M

explore THE FRIENDLY N6

Dubbed "The Friendly N6" because of the hospitality of the local people, this route offers natural history, trout fishing, 4x4 trails, a taste of farm life, meetings with living legends, and the pure bliss of driving around the mountain heights.

ON THE WARTRAIL HORSE TRAILS AND DAY RIDES NATURE

Get to the top of Senqu's highest peaks, through picturesque valleys and rivers, to historical bushman paintings and massive sandstone features - on horseback. Groups of riders with any level of experience. Stay in self-catering, fully catered or cave-to-cave catered accommodation. Day rides, tailor-made group rides and annual rides in March and December for experienced cross-country riders.

Kimberly and Peter Frost | 083 578 7033 | onthewartrail@gmail.com

ROCK ART NATURE | CULTURE | FAMILY

The quaint village of Rhodes, situated in one of the most remote parts of South Africa, has many rock art sites within close proximity, some of which are open to the public. Painted by the San who lived and hunted in these mountains hundreds of years ago, the art is still in good condition. Viewings are on private property – contact Rhodes Information Centre.

045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za

MOUNTAIN BIKING ADRENALIN | NATURE | FAMILY

This is great mountain bike country. Some of the many bike routes include:

- Rhodes Maartenshoek/Table Hill Rhodes.
- Rhodes Donkerhoek/Glass Nevin Maartenshoek Rhodes.
- Rhodes Donkerhoek/Clontarf Bokspruit Rhodes.
- Wartrail Loop: Rhodes Carlisleshoek/Tiffindell Volunteershoek/Wartrail-Mosheshesford Rhodes.
- The Grandfather: Rhodes- Naudesnek/Cairntoul/Tenahead/Tiffendell/Carlisleshoek -Rhodes 045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za

MOUNTAIN PASSES WILDLIFE SAFARI | ADRENALIN | NATURE | FAMILY

A spectacular place to put your 4 x 4 to the test .The following routes are recommended:

- Naude's Nek The highest mountain pass in South Africa.
- Joubert's Pass The third highest mountain pass in South Africa.
- Volunteershoek Up to Tiffindell Ski Resort and the highest point in the Cape.
- Carlisleshoek And down the other side to the historical Rhodes Village
- Lundean's Nek A scenic route to the Lesotho border post at Telebridge.
- Bastervoetpad Challenging driving and incredible views of the valleys below.
- Barkly Pass The only tarred pass but the views are worth it!
- Otto Du Plessis A wild and unspoiled pass with excellent birding.
- Karringmelkspruit Tar, between Lady Grey and New England turnoff on the R58.
- Kraai River Tar, between the New England turnoff and Barkly East.
- Old Kraai River Pass & Loch Bridge On the Barkly East to New England/Wartrail Road.
- Espachsberg Very rough between the R393 and R396.

045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za









BIRDING WILDLIFE SAFARI | NATURE | FAMILY

The village of Rhodes and the surrounding areas: +/-230 bird species recorded including the Black Stork, Bearded Vulture, Black Harrier, Mountain Pipit, Yellow-breasted Pipit, Ground Woodpecker and the Drakensberg Rockjumper.

045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za

ALPINE FLOWERS WILDLIFE SAFARI | NATURE | FAMILY

The montane grassland is host to alpine and sub alpine species with best displays experienced at higher altitudes from November to April. Tiffindell usually puts on a good show in early December and Naudesnek is at its best in February. Guided tours can be arranged.

045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za

CAMINO ROUTE WILDLIFE SAFARI | ADRENALIN | NATURE | FAMILY

The original Camino walk is 3 days/4 nights - can be extended (20kms per day). Hearty farm meals for dinner, full breakfasts, snack packs for lunch and overnight stays on local farm houses included in pricing. On the longer walk, Tiffindell Alpine Resort is included, with the option to walk Ben McDhui (highest mountain in the Cape Province) and down into Wartrail/New England valley on the other side of Rhodes. 045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za

TIFFINDELL ALPINE SKI RESORT ADRENALIN | FOOD | FAMILY

Established in 1993, Tiffendell is an alpine resort for all seasons. Skiing at Tiffendell has no off-season, as when its not snowing, snow is manufactured. High altitude hiking, mountain biking, grass skiing, mountain boarding, photography, rock art, birding, some of SA's best fly fishing, quad biking, and the famous "8 Passes" route for motorcyclists and 4x4's. The Ski Resort has ski lifts, a restaurant, ski shop and ski school. 045 971 9003 | contact@rhodesinfo.co.za | www.rhodesinfo.co.za | www.tiffindell.co.za

COMMUNITY ARTS EXPERIENCE CULTURE | FAMILY

Sterkspruit Community Art Centre - an NPO and cultural hub, is home to many local artists, community groups and a meeting place where people come together to experience the performing arts. The Art Centre seeks to promote African Arts and Culture.

072 422 4753 | 060 331 9502 | www.scac.org.za

FLY FISHING FRESH WATERS SPORT

The Rhodes, Barkly East area has amazing fly fishing opportunities with +/-150km of mountain steams available to anglers - Bell River, Kraai River, Bokspruit, Riflespruit, Sterkspruit, Kloppershoekspruit, Vloeikraalspruit and Langkloof River. Many of the pristine rivers and streams originate 9 000 to 10 000ft above sea-level. www.linecasters.co.za/freshwater/index | www.wildtrout.co.za

explose KAROO HEARTLAND

The Karoo Heartland's rugged and intense beauty is dominated by vast, flat plains, rocky mountains, and the biggest assortment of succulents in the world. This beautiful area, subject to red dust, thorny acacias, stunted vegetation, aloes, windmills, sheep and the odd Angora goat, boasts some of the quaintest towns in the country.



A treasure trove of ancient fossils - many of the farms in the Graaff-Reinet and Nieu Bethesda area have collections found in the veld. Take a day trip to Wellwood Farm and Ganora Guest Farm to view displays of amazing specimens found over 20 years. **049-8924248** | www.graaffreinet.co.za

A 1hr guided fossil trail to the riverbed where the fossil evidence for the story being told in the Kitching Fossil Exploration Centre is found. Note: fossils are protected by law and may not be collected or traded. **081 475 4095** | fossilsafaril@gmail.com

THE OWL HOUSE CULTURE | HISTORY

A National Heritage Site, The Owl House and Camelyard represent South Africa's foremost example of the outsider art of internationally recognised artist, Helen Martins. Having lived a troubled and challenging life, she transformed an ordinary Karoo home to a place of light and colour with a fantasy garden of sculptures made from concrete and ground glass.

049 8411733 | admin@theowlhouse.co.za | www.theowlhouse.co.za www.nieu-bethesda.com/en/things-to-do-and-see/in-the-village/2-the-owlhouse

KAROO FOOD EXPERIENCE FOOD

Take a Karoo Cuisine trip to enjoy all the treats the Karoo has to offer - Karoo lamb, potjiekos, melkkos; a typical Karoo Braai under the stars on one of the many farm stays; delectable carrot cake in Cradock. Stop off in Graaff-Reinet for gin beer and wine tasting opportunities. A coffee shop in Nieu-Bethesda offers the best coffee under the Sneeuberg.

Chantelle The Tour Guide | 071 670 4747 | www.karooheartland.com

GRAAFF REINET HISTORY | CULTURE | WILDLIFE SAFARI | NATURE | ADRENALIN

Over 220 national monuments; beautiful white washed Karoo Cottages and Victorian homes in Aberdeen Nieu-Bethesda and surrounding farmsteads; the Camdeboo National Park - home to 43 mammal species, over 250 bird species, and some 330 plant species; game drives, hiking trails, a 4x4 trail; fishing at the Naweba Dam; or a Karoo Hot Air Balloon trip.

Graaff-Reinet Tourism | 049 892 4248 | www.graaffreinet.co.za

KUZUKO LODGE WILDLIFE | ADRENALIN | NATURE | CULTURE | HISTORY | FOOD | FAMILY

Kuzuko Lodge rests on a hill overlooking the Kaboega plains and Winterberg Mountains. Twenty-four chalets offer guests awe-inspiring views of a big five reserve, a watering hole and the plains of the African Klein Karoo. Game drives, evening cosmic safaris, nature walks, cheetah interaction – the Kuzuko Foundation for Wildlife Rehabilitation preserves Africa's wildlife legacy.

Kuzuko@legacyhotels.co.za | www.kuzuko.com









GANORA EXCURSIONS NATURE | CULTURE | HISTORY

A guided informative walk to view Bushman and Khoi paintings, rock engravings and The James Kitching Fossil Centre. A museum, a medicianal plant tour and a game rehabilitation programme add to the offerings of Ganora. Stay overnight at Ganora farmstead, built in the mid 1700's, and converted into three star guest lodge.

049 841 1302 | 082 698 0029 | info@ganora.co.za | www.ganora.co.za www.youtube.com/watch?v=kcBdO3Jtvlk | www.youtube.com/watch?v=duXELm6qhlU

NAROO PRED-A-TOURS / CAT CONSERVATION TRUST WILDLIFE SAFARI | NATURE

Karoo Pred-a-tours offers Game drives and night walks on the 3 440ha game farm - Clifton. Also a tour of the small cat enclosures, with 4 of the smaller wild cat species in Southern Africa - blackfooted cat, African wild cat, serval and caracal. These cats will rarely be seen in the wild. There is no direct interaction between the public and the cats.

Marion Holmes | 087 550 1072 | 082 868 1936 | info@karoocats.org | www.karoocats.org

LEISURE CYCLING TRAILS NATURE | FAMILY

Five different 5-day leisure cycling trails, all on a network of dirt/district roads - 6 cyclists min. per trail, (max 14). Trailing vehicle and guides with each group. Rated by Sunday Times Travel (14.01.2018) as one of 15 Great Cycle Adventures globally on the "must do" list.

David Southey | 011 489 5411 | 082 453 6357 | dsouthey@isec.co.za | www.gkcycle.co.za www.youtube.com/watch?time_continue=54&v=VWPYOot9_oA

THE VALLEY OF DESOLATION SUNSET TOUR NATURE

Hauntingly beautiful geological formations with spectacular 120m high columns of ancient eroded volcanic rock that stand sentinel over the plains of Camdeboo. Kudu, Cape mountain zebra, mountain reedbuck and the majestic Verreaux's eagle with 2m wingspan. Overnight in the rustic Waaihoek Hut with outdoor shower and loo with a view!

049 892 3978 | 027 823 3986 | karooconnections@intekom.co.za | www.karooconnections.co.za https://karooconnections.co.za/tours/valley

MOUNTAIN ZEBRA NATIONAL PARK WILDLIFE SAFARI | NATURE

28 000 hectares of wildlife including Cape mountain zebra, aardwolf, Cape buffalo, cheetah, blue crane, black rhino and Denham's bustard.

www.sanparks.co.za/parks/mountain_zebra

explore KOUGA / BAVIAANS

The Kouga Rout incorporates the towns of Humansdorp, Patensie and Hankie in the Gamtoos Valley, the Langkloof Valley, the Baviaanskloof Wilderness area and the coastal towns of Oyster Bay, St Francis Bay and Jeffrey's Bay. Enjoy activities from beach horse rides and hiking to calamari tasting and golf.



Two tours, 10 am and 3 pm, catering for beginners and advanced riders. No fitness level specifically needed but know your own body's limitations.

Claire Kloka | www.oysterbaylodge.com/things-to-do/on-site-activities | www.youtu.be/Nm_4P4aq6QQ

BAVIAANS CAMINO & COASTAL CHOKKA TRAIL ADRENALIN | NATURE

The north-south route of the Baviaans Camino lends itself to novice horse riders accompanying hikers, supported by two vehicles. Overnight in farmhouses or tents. Starts in the Klein Karoo, traverses the Baviaanskloof Mountain Range into the Baviaanskloof, and continues through the Kouga Mountain Range towards the coast. 75km over 4 days and 5 nights. The Chokka Trail is a 62km slackpacking holiday between Oyster Bay, St Francis Bay and Cape St Francis. The best possible way to see and experience just how beautiful the greater St Francis is on foot, at your own pace and with overnight accommodation at questhouses and a resort.

Esti Stewart 073 825 0835 | www.baviaanscamino.com | info@chokkatrail.co.za | www.chokkatrail.co.za

GAMTOOS TOURISM EXPERIENCES CULTURE | HISTORY | OTHER

Sarah Baartman Grave: The gravesite of a Khoi-San woman, laid to rest upon a hill outside a town in the Kouga region. She spent a tragic and lonely life as an "object of display" in Europe during the 18th and 19th centuries. Magnificent views of the Gamtoos floodplain. Bergvenster is a window in the hill overlooking Gamtoos valley from both sides. Phillips Tunnel and graves: A 240m tunnel that took 15 months to complete in August 1844. It was in use from 1845 to 1970. The graves are behind the old "Phillip Manse" beside the railway line.

Gamtoos Tourism | www.baviaans.net

SKYDIVE EXPERIENCE ADRENALIN

A scenic 20 minute plane ride over Jeffreys bay, followed by the rush and excitement from jumping out of an aircraft a 9 000ft. 30 seconds freefall at 200kph and a 5 minute parachute ride. Experienced instructors with a minimum of 1000 skydives.

Skydive Jeffreys Bay 072 266 22150 | info@skydivejeffreysbay.co.za | www.skydivejeffreysbay.co.za

SHELL MUSEUM CULTURE | HISTORY

The Charlotte Kritzinger Shell Museum is a fantastic family attraction in Jeffrey's Bay. The museum is home to more than 600 different kinds of shells, including the cowry, paper nautilus, baby jam tarts, and a new species of cone, making it one of the largest shell collections in South Africa. Don't miss the annual Shell Festival held in September.

082 852 4056 | petro.meyer@telkomsa.net | www.showme.co.za/jeffreys-bay/tourism/shell-museum









SEASIDE OPEN WOODFIRE EATING EXPERIENCE FOOD | FAMILY

An unforgettable feast cooked over open wood fires on the edge of the ocean - unbeatable seafood and traditional South African food. Tables and chairs are in the sea sand on the ocean's edge. It's a whole different feet-in-the-sand dining experience. Great for families.

Walskipper 042 292 0005 | wals@intecom.co.za | www.walskipper.co.za

QUAD BIKING ADRENALIN | NATURE

Quad and off-road bike rides in the fabulous Kabeljous valley, visiting the zipline, watergat and cliff dive. Ride alongside a game farm and view giraffe, buffalo, zebra and other wildlife.

O72 227 8333 | ibayquads@aol.com | www.ibayquadadventures.com

A DAY UP THE KROMME RIVER WATER | NATURE

Based in the canal system of St Francis Bay, the luxury River Break barge, cruises the canals, Kromme and Geelhout River. Spot a variety of buck species as well as the ever-present fish eagle en route to the farm. A traditional South African braai with all the trimmings is served at lunchtime.

Anita 042 298 0054 | seals@iafrica.com | www.capestfrancis.co.za

GREATER ST FRANCIS EXPERIENCE WATER | NATURE | HISTORY | FOOD | FAMILY

Experience Port St Francis at the eastern most point of Africa, enjoy calamari tasting and explore the St Francis Canals on a barge. Option to extend the experience to include an Eco Sea Cruise (about 5 - 7 hrs). St Francis Tourism 042 294 0076 | Hantie vd Westhuizen 083 294 2211 office@stfrancistourism.co.za | www.stfrancistourism.co.za

EXPERIENCE PABALA - GAMTOOS RIVER MARINE | WILDLIFE | WATER | NATURE | CULTURE

Kayaking; Nature Reserve and Baviaans bird watching photo safari, sunset drive, game viewing; hiking trail, deep sea fishing charters, fresh water fishing in private dams and fishing charters on the Gamtoos River.

082 650 2730 / 082 508 7762 / 042 296 2950 | info@pabalagamefarm.co.za http://pabalaprivatenaturereserve.co.za

https://www.facebook.com/PabalaGF

https://secure.activitybridge.com/book

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explore SUNDAYS RIVER VALLEY

Here the Addo Elephant National Park stretches from the Karoo region north of the Zuurberg Mountain Range to the coast and islands of Algoa Bay. This is one of the most biologically diverse areas in the world, with five of the country's seven biomes. It has one of most densely populated elephant herds in the world and is home to the locally endemic flightless dung beetle.

- ADDO WILDLIFE ECO TOUR AND SAFARI WILDLIFE

 Addo wildlife guides take you on a tour of the nature reserve situated on the banks of Sundays River.

 Learn about unique Eastern Cape plants and trees; view the reserves prolific wildlife; enjoy a scrumptious meal and refreshments at the boma on the bank of the river.

 reservations@addowildlifelco.za | Addowildlife.com
- CITRUS FARM AND GAME EXPERIENCE WILDLIFE SAFARI | NATUREY | FAMILY

 A citrus farm and game viewing experience sable and buffalo, giraffe, warthog, monkeys, birds and many antelope species to view. Includes a stop in the mountain where drinks and snacks are served in a traditional hut.

Kududu Guest House 042 234 0177 | marinda@kududu.co.za | anri@kududu.co.za | www.kududu.co.za

- ADDO ELEPHANT NATIONAL PARK MARINE SAFARI | WILDLIFE SAFARI
 The only Big 7 game reserve in the world. View the largest density of African Elephants on the planet,
 Cape buffalo, leopard, black rhino, lion as well as great white shark and seasonal southern right whale in
 the marine section.
 041 582 2575
- DOUBLE ZIPLINE AND GIANT SWING ADRENALIN

 The highest, longest and fastest double zip line in South Africa, and the only giant swing of its kind in this country. No age restrictions but strict weight restrictions: 20-120kg zip line / 20-130kg giant swing. Moderate fitness required for the 500m hike to the zip line departure tower. info@adrenalinaddo.co.za | www.adrenalinaddo.co.za
- ADDO HORSE TRAIL NATURE

 Addo Horse Trails depart from Addo Main Camp in a big game area.

 Morning ride: 08h30. Afternoon ride: 14h00. Both 2hrs, maximum 7 and minimum 1.

 042 233 8600 | addoenquiries@sanparks.org

 https://www.sanparks.org/parks/addo/tourism/activities/horse_trails









ADDO CRUISES & SAND SLEDDING (SUNDAYS RIVER FERRY) WATER | NATURE | FAMILY
5 km from Addo Elephant National Park. River cruise and sand sledding/boarding - safe for all ages.
Weather dependant.

 $info@addocruises.co.za \mid www.addocruises.co.za \mid www.addocruises.activitar.com\\ www.youtube.com/watch?v=SJGnvnEwN44$

- BOAT CRUISES PORT ELIZABETH & ADDO MARINE
 A unique way to discover "Africa's Best Kept Secret" various cruise packages for 1 to 42 people. Return transport or overnight accommodation by arrangement. Book in advance. Wear comfortable warm clothing. Bring snacks and drinks.

 071 185 6565 | book@sundaze.co.za | www.sundaze.co.za
- WATERSKI, WAKEBOARDING & WAKE SNAKE WATER

 Sundays River Adventures. Caters for fun, sun, adrenalin and outdoors entertainment sandboarding, water skiing, wakeboarding, tubing, boogy boarding, private river cruises, personalised tours, team building, business tours, international tourists and anyone looking for some fun in the sun.

 O71 185 6565 | book@sundaze.co.za | www.sundaze.co.za
- A TASTE OF AFRICA RESTAURANT & COFFEE SHOP FOOD

 A Taste of Africa is a South African Restaurant and Coffee shop based on the banks of the Sundays River, just outside the Addo Elephant National Park in a small town called Colchester. We have great food and fun people. Serving up local favorites including weekly and monthly specials to change up the menu.

 O71185 6565 | book@sundaze.co.za | www.sundaze.co.za
- DANIELL CHEETAH PROJECT CONSERVATION

 Daniell Cheetah Project offers a unique educational Predator Tour by trained tour guides. This is a 1hr guided educational tour to see and learn more about our animals, their conservation status and our efforts. Guests will be given the opportunity to visit a cheetah inside the cheetah's enclosure.

 www.daniellcheetahproject.org

explore SUNSHINE COAST

This route explores the spectacular strip of coastline between Port Elizabeth and East London where you travel via coastal towns and hamlets like Colchester, Alexandria, Kenton on Sea, Port Alfred and Kids Beach. The route's major attraction is its magnificent sandy coastline with many rivers, resorts and activities along the way.



Sibuya offers a variety of day trips hosted by a professional guide. A leisurely cruise up the Kariega River followed by a 3hr game drive and a delicious cold buffet lunch on the banks of the river. A full day option with a cruise, two game drives and lunch; a cruise up the river followed by lunch in one of the camps. A slow cruise back to Kenton-on-Sea.

046 6481040 | res2@sibuya.co.za

BEACH HORSE RIDING AT PORT ALFRED OR KENTON-ON-SEA NATURE

THREE SISTERS HORSE TRAILS - 15km outside of Port Alfred on the R72. Adventurous horse riding and hiking trails down steep dunes onto secluded beaches, and through shady dune forests with stunning views out to sea. BEACHCOMBERS HORSE TRAILS - riding along golden beaches, exploring the many coves, dune fields and rivers along the way. WILDLIFE SAFARI - experience the thrill of galloping alongside herds of eland, giraffe and zebra!

Jono | 0832813322 | www.beachcomberhorsetrails.co.za | Jann Webb | 082 645 6345 | 3sistershorsetrails@gmail.com | www.threesistershorsetrails.co.za

GOLFING - TWO ICONIC GOLF COURSES SPORT

The Royal Port Alfred Golf Club's undulating course snakes its way through thickets of pristine coastal forest and over hilly dunes in true links tradition. Panoramic views from many of the fairways. Resident wildlife includes bushbuck, springbok, impala, blesbok, fallow deer, duiker, giant tortoises and abundant birdlife. The magnificent Gary Player championship 18-hole golf course at Fish River Golf Resort incorporates bent grass greens and unique challenges presented by the natural landscape. Royal Port Alfred Golf Course: 046 624 4796 | Fish River Resort: 040 676 1101

www.rpagc.co.za | www.mantiscollection.com/fish-river-resort-opens

WILDLIFE SAFARI DAY TRIP | KENTON-ON-SEA

Boutique hotel and spa experience in a wildlife reserve overlooking the Indian Ocean. Visit for a day and enjoy a superb meal and game drive, or stay overnight and enjoy this exquisite environment. reservations@oceanareserve.com | www.oceanareserve.com www.youtube.com/watch?v=Bb5GCNDtYjs&t=2

DEEP SEA FISHING MARINE | WATER

Experienced skippers take you out on fully equipped boats leaving from the spectacular Royal Port Alfred Small Boat Harbour. Game and bottom fishing trips, sightseeing, or arranged special packages. Offering a cost effective fishing charter opportunity to both novices and experienced anglers.

046 624 2306 | 082 818 8995 | kowiemarine@telkomsa.net | www.falucia3charters.co.za









BIRDING ON THE SUNSHINE COAST NATURE

The Indigenous forests of Alexandria through to the Great Fish River, and inland to Bathurst are biodiversity rich, with 5 of the 7 biomes found here. Coastal areas, estuaries and wetlands provide an excellent feeding ground for waders, whilst rivers, riverine and coastal bush support many species. Over 400 bird species have been recorded. Accredited tour guides.

072 314 0069 | Tim Cockroft | timwcroft@gmail.com Anne Williams | 083 719 4950 | 046 675 1976 | anne@annesbirding.co.za

SHIPWRECK HIKING AND CANOE TRAIL WATER | NATURE

The Kleinemonde West River Canoe Trail is situated 15km from Port Alfred on the East London side of the R72. Experience the beauty of the river and magnificent bird - and wildlife while you paddle in our comfortable canoes to Lily Pad overnight hut - an easy ±8km paddle followed by a ±3km hike with your backpacks to 'Lily Pad' overnight hut, rustic but comfortable.

Dave Marais | 082 391 0647 | 046 675 1321 | adrift@mweb.co.za | www.shipwreckhiking.co.za

PRISTINE BEACH EXPERIENCE FAMILY

The Sunshine Coast stretches from iconic Woody Cape in the West to the Great Fish River in the east. Over 100km of pristine and unspoilt coastline featuring majestic dunes, coves, rocky bays, stretches of golden sand, 10 rivers, ideal for water sports, paddling, canoeing, or just relaxing. Sunshine Coast Tourism | 046 624 1235 | tourism@sunshinecoasttourism.co.za!

www.sunshinecoasttourism.co.za

5 MUSEUMS HISTORICAL TOUR HISTORY | CULTURE

The Sunshine Coast has a rich tapestry of history, dating back to 1488, when Bartholomew Dias erected a padrone at Kwaaihoek, History expands to the 100-year frontier war, 1820 settlers and modern political struggles. Visit the 5 Museums of the Sunshine Coast for a unique experience area.

Sunshine Coast Tourism | 046 624 1235 | www.sunshinecoasttourism.co.za

SURF LIKE A PRO WATER | SPORT

Shaka Surf School and surf camp is based in Port Alfred but operates in Kenton during holiday seasons. The forest surf camp boasts an up cycled treehouse - hired as a private unit or a dormitory that can sleep six. The surf camp is on the edge of an ancient dune forest and boasts its own hiking trail and half pipe skateboard ramp. Surfing road trips.

Dave MacGregor | 082 335 4764 | david@livewirenews.co.za www.sunshinecoasttourism.co.za/listing/shaka-surf-school

explore TSITSIKAMMA

Tsitsikamma Adventure Route stretches from the Bloukrans River in the west to the Tsitsikamma River in the east, is bordered on the north by the imposing Tsitsikamma Mountains and in the south by the Indian Ocean. Tsitsikamma is a Khoi word meaning "place of abundant or sparkling water".

HIGHEST COMMERCIAL BUNGY IN THE WORLD ADRENALIN

The view from Africa's highest bridge captures all the majesty and tranquility of the Bloukrans River

valley. But there is nothing tranquil about throwing yourself more than 200 metres down towards the river below. Recognised as the 'highest bungy from a bridge' in the world, Bloukrans Bungy uses pendulum bungy technology to ensure the smoothest, most comfortable bungy jump possible. Jumpers are secured in a full-body harness combined with an ankle connection.

042 281 1458 | 071 109 6872 | 071 248 5959 | book@faceadrenalin.com | www.faceadrenalin.com www.youtube.com/watch?v=cG7-NRrCNWw

TREE TOP CANOPY TOUR - ZIPLINE EXPERIENCE ADRENALIN

A Canopy Tour takes you on an unforgettable adventure as you zipline from one platform to the next along a series of steel cables set amongst magnificent natural surroundings. Safe for almost all ages (recommended age group is between 7 - 70). Canopy Tours are enjoyed by nature lovers, families, thrill seekers and corporate team building or conference groups.

042 281 1836 | www.stormsriver.com | www.canopytour.co.za

KAYAK AND LILO WATER | NATURE | FAMILY

Kayak across the ocean & under the Storms River suspension bridge; paddle up the Storms River Mouth; lilo deeper up the Storms River Gorge; leap off the overhangs of cliff walls of the gorge into deep pools. The kayak and lilo experience can be enjoyed by the whole family. The lilo trip is our most popular and most recommended by locals and international tourists alike.

073 130 0689 | bookings@untouchedadventures.com | www.untouchedadventures.com www.youtube.com/watch?v=KxaqaT2Zsjw

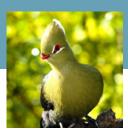
BEER TASTING AT TSITSIKAMMA MICRO BREWERY OTHER

An old building on the village main road has been converted into a brewery and tasting room, All beers are brewed according to the 1487 German Reinheistsgebot (purity law): using only barley, hops and water. Our ingredients are carefully selected and the water is from our own well. Our tasting room also showcases products from 5 other Craft Breweries, a choice of more than 30 beers; and most importantly – has an off-sales license! Alcohol is not for sale to person under 18.

info@tsitsikammamicrobrewery.co.za | www.tsitsikammamicrobrewery.co.za

THEMED RESTAURANT / 'MUSEUM' FOOD

Marilyn's 60's Diner situated in Storms River Village, in the heart of Tsitsikamma, is a great landmark for a trip down memory lane - Cadillac's and Chevy's, neon rimmed signage, 50 and 60's decor, and Elvis and Marilyn memorabilia. Like the classic diner of the movies this restaurant serves everything from breakfast, cakes and milkshake numbers to All American Cocktails, burgers, steak and diner style desserts. info@marilyns60sdiner.co.za | www.marilyns60sdiner.co.za









SEGWAY TOUR ADVENTURE | NATURE | FAMILY

Discover the Storm River Village and the Tsitsikamma Forest on a Segway. The guided tour takes you around the cool pine forest, indigenous forest over the historical Witteklip Bridge into the local township and to the grand 1000 year old Tsitsikamma BIG tree.

An experience not to be missed!

www.segwayfun.co.za/tsitsikamma-segway-tours

TSITSIKAMMA CANOPY TOUR ADVENTURE | NATURE

Discovering the Tsitsikamma rain forest on a canopy tour is a one of a kind experience. At 30 metres above the ground, explorers slide from platform to platform along a steel cable.

www.stormsriver.com/canopy tour tree top tour stormsriver tsitsikamma garden route

BUNGY ADRENALIN

At 217 metres, the Bloukrans Bridge is the world's highest bungy jumping bridge. Overlooking the Bloukrans River valley, the spectacular view captures the magnificence and tranquillity of the vicinity. But the jump off the bridge gets your Adrenalin pumping and makes it an experience you'll never forget. www.faceadrenalin.com

🥋 TSITSIKAMMA NATIONAL PARK NATURE

Top five sights include:

Dolphins and porpoises, African Black Oystercatcher, Knysna Lourie, Cape Clawless Otter and Blue Duiker. www.nature-reserve.co.za/tsitsikamma-coastal-national-park

PROTEA TOUR NATURE

Visit the Regyne Protea Farm for tea and learn everything there is to know about this beautiful flower. www.facebook.com/pages/Regyne-Protea-Farm

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explore WILD COAST

The Wild Coast stretches from East London all the way north to Port Edward, the region is home to some of the most beautiful coastal scenery in the world. It is a place of steep green hills atop which sit clusters of traditional Xhosa mud huts; a land of windswept cliffs, deserted white-beaches, forests, untamable waves and numerous shipwrecks.



Amapondo Backpackers organises tours to the Isinuka valley where visitors can experience the cultural healing site. Isinuka Sulphur Springs and Mud Caves, located just out of the coastal town of Port St Johns, Eastern Cape is a traditional healing site the Pondo people. Clays form an integral part of African cultural wellbeing and is applied in varied forms of traditional rituals, cosmetics and medical practices to treat an array of ailments and diseases.

083 315 3103 | 081 257 4504 | info@amapondo.co.za | www.amapondo.co.za/adventure-tours www.youtube.com/watch?v=N7kGOTLEVA8

PORT ST JOHNS EXPERIENCE MARINE SAFARI | WATER | NATURE | CULTURE | FAMILY

Port St. Johns boasts some of the most beautiful natural scenery in South Africa with a 270 km long coastline. It lies at the mouth of the Mzimvubu River that flows through an impressive gorge ("Gates of St John") into an estuary on the Indian Ocean. Experience the following: Bululo Waterfall Hike, Cape Hermes Lighthouse, Isinuka Mudcaves, Blowhole & The Gap Hike, Silaka Nature Reserve, Poenskop Beach, First Beach, Second Beach, Umzimbvuvu River Fishing, Eagles Nest Hike, Bululo Dam and Double Falls.

Amapondo Backpackers 083 315 3103 | info@amapondo.co.za

www.youtube.com/watch?v=iYFuM_6RzFU | www.youtube.com/watch?v=mltY2GXGRA4

SARDINE RUN MARINE SAFARI

Offshore Africa Port St John's Sardine Run ocean safari. The annual sardine run occurs along the Wild coast from mid-June until late July. Photographic opportunities and in-water experiences. Scuba divers require an Open Water qualification and excellent buoyancy control. Snorkelers MUST be comfortable in deep water. All in-water users MUST be comfortable to encounter sharks. A moderate fitness level required for 7hr activity.

www.offshoreportstjohns.com | www.youtu.be/ulgF7hMA1_s

KOB INN BEACH RESORT FAMILY EXPERIENCE FAMILY | NATURE

Where a family has the opportunity to do things as a family – hiking, horse riding, canoeing, fat biking or just chilling.

info@kobinn.co.za | www.kobinn.co.za | www.youtube.com/watch?v=LLunAeHpSe8 www.youtube.com/watch?v=eL7utWZSLMa | www.youtube.com/watch?v=YyfpQpIdd94

A CHINTSA EAST HORSERIDE ON THE BEACH NATURE

'People who say there is no heaven on earth have clearly never been on a horse.' The wonderful beaches and bush trails of the Wild Coast are best explored on the back of a Chinsta Horse.

Georgie Dickerson 043 738 5141 | georgie@cintsahorses.co.za









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An exciting annual (mid June) fully supported three-day mountain bike race on the Wild Coast. The route includes animal paths and carefully crafted single tracks, joined by district roads that are sometimes more suited to a bicycle than a car! Entry fee includes four nights and all meals at Umngazi River Bungalows & Spa, as well as a donation to Umngazi's local community upliftment projects.

marketing@umngazi.co.za | www.pondopedal.com | www.umngazi.co.za

www.youtube.com/watch?v=GhRKFekB_vg&spfreload=10 | www.youtube.com/watch?v=976oT6hruds

www.youtube.com/watch?v=ZD3TmYV98ts

NELSON MANDELA MUSEUM HISTORY | CULTURE

The Transkei is the esteemed birth place to many leaders of the Apartheid Revolution - the most recognised of them being Nelson Mandela. It is fitting that along the splendid Wild Coast, a Nelson Mandela Museum, endorsed by the icon himself, adds a rich experience of heritage to your to-do list. www.nelsonmandelamuseum.org.za

HOLE IN THE WALL NATURE

The Hole in the Wall is a rocky archway set just off the Wild Coast, south of Coffee Bay. The little holiday village close by shares the same name. This landmark was created millions of years ago through the continuous wave action against the sandstone and shale under the hard volcanic dolerite, creating the archway. It stands before the mouth of the Mpako River and is the source of many legends. www.wildcoast.co.za/hole-in-the-wall

TAKE A WALK ON THE WILD SIDE NATURE

Wild Coast trail routes you absolutely have to experience. Accommodation is available along the routes to ensure that you pace your hikes and don't miss out on the beautiful scenery along the way.

www.wildcoastwalk.co.za

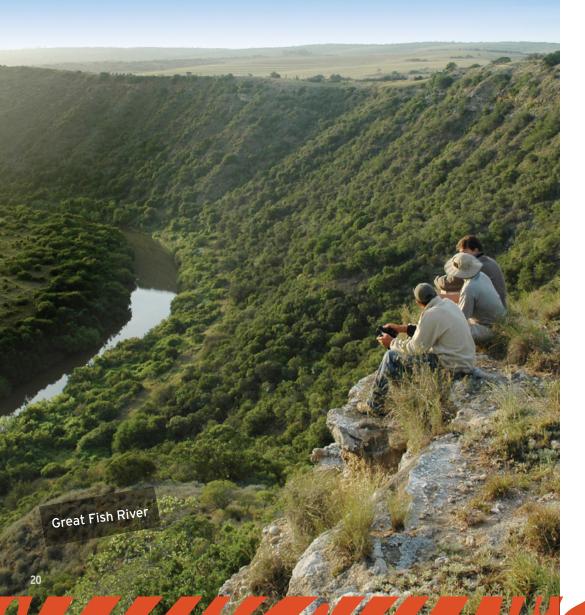
WILD COAST HORSE RIDING ADVENTURES KEI MOUTH NATURE

Multiple Wild Coast horse riding options available for all levels of riders. Day rides suitable for local holiday makers (1 - 4hrs). Overnight base ride, staying at Kei Mouth Guest Lodge, with daily riding. Kei River Horse Trail - combination base ride with a 2 night /3 day trail up the coast or Wild Coast Horse Trail - 7 night /8 day trail for advanced riders.

Julie-Anne Gower | www.wildcoasthorsebackadventures.com



explore FRONTIER COUNTRY











This route traverses the area that was the scene of nine Frontier Wars between the British and the Xhosa and the meeting place of five great cultures, San, Khoi-Khoi, Dutch, Xhosa and British. Frontier Country, in its natural state is one of the most diverse regions on earth. Much of the pristine indigenous flora and fauna is still very accessible, making for breathtaking views, experiences and memories.

GAME VIEWING IN FRONTIER COUNTRY NATURE | WILDLIFE

KWANTU | BLAAUWKRANTZ | SHAMWARI | AMAKHALA | BUCKLANDS | KAMALA | KWANDWE BUSHMAN SANDS | GREAT FISH RIVER | LALIBELA | THOMAS BAINES | PUMBA

NATIONAL ARTS FESTIVAL CULTURE

The biggest annual celebration of arts on the African continent in the town of Grahamstown. The event takes place in July and compromises a programme of drama, dance, physical theatre, comedy, opera, music, jazz, visual art, exhibitions, film, student theatre, street theatre, lectures, craft fair, workshops, city and historic tours and children's entertainment. www.nationalartsfestival.co.za

ALBANY AND OBSERVATORY MUSEUM HISTORY | CULTURE

The Albany Museum, established in 1855 and located in Grahamstown, is the second oldest museum in South Africa. The Observatory Museum houses one of only two Victorian Cameras Obscura in the world the other is in Bath (England) - with a magical mirror that reflects the town onto a large circular table. Open: Mon - Fri O9h00 to 16h30 | Closed: weekends and public holidays. albanymuseum@ru.ac.za | www.albanymuseum.blogspot.com

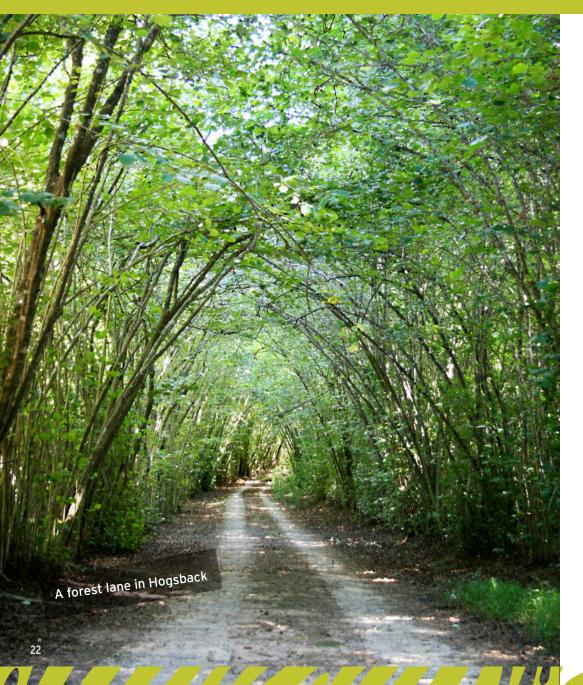
BATHURST COUNTRY FAIR ENTERTAINMENT

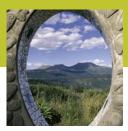
Taking place annually in August, the Fair attractions include: wine tastings, the Culinary Challenge, town criers, live music and entertainment, upmarket exhibitors, Bathurst Noo Pet show, craft beers, Hooves and Wheels parade, the Village Idiots, Mr & Mrs Universe beauty pageant, pineapple throwing competition, waitron race, distilleries, alpacas, historical tours buskers stage. www.bathurstcountryaffair.co.za

PIG AND WHISTLE FOOD

Stop by the historic Pig and Whistle Inn while in Bathurst. This Inn has been providing hospitality for over 180 yearsand ishome to the oldest continuously licensed pub in South Africa! www.facebook.com/Thepigbathurst

explore AMATHOLE MOUNTAINS











This route stretches from Adelaide in the west to Stutterheim in the east, with the majestic Amatola Mountains standing as a clear beacon on the horizon. Visit an area steeped in Xhosa culture and Settler history. Activities in the area include trout fishing, canoeing, bass fishing, mountain biking, archery and abseiling.



MDANTSANE TOWNSHIP TOUR CULTURE

Guided tours to experience the day-to day life of the second largest township in South Africa.

Mdantsane, also known as the Boxing Mecca of South Africa, is home to boxing world champions like Happyboy Mgxaji, Welcome Ncita and Vuyani Bungu. Taste Umqombhothi, home-brewed African beer and get to know the locals in a tavern while listening to live music.

Imonti Tours - Velile | 083 487 8975 | info@imontitours.co.za



STUTTERHEIM ENGINE MUSEUM HISTORY

Established in 1995, the Stutterheim Enginge Museum displays 120 engines from 1903 to 1990. It is believed to have one of the largest collections of restored stationary engines in the world. Visit the museum to learn about the development and advancement of engines as well as the history the engines on display.

043 683 1507



CULTURAL VILLAGE - CATA CULTURE

Learn to speak isiXhosa on a week-long home stay with a traditional Xhosa family. Visit the Cata Cultural Village to discover the culture of warmth and hospitalityand experience the traditional way of life through food, customs, rituals, song and dance. Overnight at the Cata Chalets, 120km from East London. Mountain biking, bird watching and hiking.

www.cata.org.za



STEVE BIKO MUSEUM HISTORY

Steve Bantu Biko, an anti-apartheid activist in the 1960s and 1970s, founded the Black Consciousness Movement which empowered and mobilised the urban population. He died, while in police custody, at the age of 30. The Steve Biko Museum in Ginsberg, near King William's Town, pays tribute to the Black Consciousness Movement.

043 605 6700 | tourism@sbf.org.za



HOGSBACK WATERFALL, HIKING, ECO SHRINE NATURE | ADVENTURE

The little village of Hogsback, surrounded by scenic mountains, is often covered by a blanket of snow during winter.